A Complete
YOUTH COACHING SYSTEM
For Schools & Youth Agencies

Includes:
Leader’s Accreditation Training
Online Leader’s Resource Library
Leader’s Resource Kit
Pathway Plan worksheets
Program updates
French and English versions

www.coachingyoungpeopleforsuccess.com
ABOUT Coaching Young People For Success (CYPFS)

Life Business Consultancy has developed a “turn key” youth coaching system that includes the training and resources schools and youth agencies need to deliver powerful life, career, performance and peer coaching programs straight away! CYPFS is designed for teachers, counsellors, career advisors and youth professionals and is currently being implemented within career and transition, personal learning, well-being, leadership, employment, juvenile justice and indigenous and non-indigenous youth programs across Australia and in the UK, USA and Canada. The Program has been evaluated and mapped against a range of curriculum frameworks.

HOW the Program works

CYPFS includes FOUR COACHING MODULES that can be delivered separately or together to form an extended coaching program that will assist young people design an inspiring Life, Career and School Performance Pathway Plan. Each module comes with its own step by step power points, leaders guide, coaching activity card sorts and Pathway Plans Answer Worksheets to ‘fast track’ change in all on going worker or peer coaching sessions. The Program is available in French and English.

WHY it works?

CYPFS incorporates the P.O.W.E.R coaching Model which includes strategies from coaching and positive psychology that are proven to strengthen emotional skills, enhance motivation and promote behaviour change for successful goal attainment.

The CYPFS program is...

- Youth centred
- Strengths and solutions focussed
- Goal and action oriented
- Motivational
- Evidence based

What are the BENEFITS?

- Turn Key – It includes all the resources and training you need to implement powerful coaching programs in groups and one to one straight away.
- Cost effective – A train the trainer model builds the capacity of schools and youth agencies to implement coaching programs themselves.
- Time saving – Groups of young people can design a inspiring pathway plan at the same time.
- Flexible – Each module can be delivered separately or together in groups or one to one or as part of a short or extended program across many different program types and year levels.
- Consistent – Coaching provides the youth team with a shared evidenced based methodology where behaviour change and goals can be measured over time.

WHAT is included?

- Leaders Accreditation Training
- Access to online Resource Library
- Unlimited use of all Modules for 12 months
- Module 1. Career Coaching slideshow/s
- Module 2. Life Coaching slideshow/s
- Module 3. Performance Coaching slideshow/s
- Module 4. Peer Coaching Skills slideshow
- Printing of Pathway Plan Answer Worksheets
- Additional coaching resources
- Extended Lesson Plans up to 90 hours
- Program upgrades

- Step by step Leaders Manual
- Leaders Coaching Kit
- including 8 sets of coaching activity cards
  - “My Life” Coaching Cards
  - LifeStyle Personality Cards
  - WorkStyle Coaching Cards
  - Interests Coaching Cards
  - LifeType Personality Cards
  - My Life Motivator Coaching Cards
  - Performance Coaching Cards
  - My Emotional Intelligence Cards

- Pathway Plan Worksheets
Four ‘turn key’ Modules for Groups and One to One

Module 1. Career Coaching

The Career Coaching Module goes beyond traditional ‘best fit’ career approaches by taking young people on a journey of self-discovery where they will complete a who am I? profile, imagine what life and career they would really love and design an inspiring Life and Career Pathway Plan to get there!

Module 2. Life Coaching

The Life Coaching Module includes powerful strategies to assist young people to achieve greater health and well-being in all areas of their life. They will review their life satisfaction, identify priority areas they want to work on and design a “Steps for My LIFE Success” action plan to focus ongoing coaching.

Module 3. School Performance Coaching

The My TOP Performance Plan will teach senior students the strategies of TOP school performers, help them to identify their performance blockers and assist them design a tailor made plan to take their school performance to a new level.

Steps For My SCHOOL Success is an effective way to empower students of all ages to take responsibility for their learning. Students will review their current academic and personal school performance, identify potential blockers and then set and review their learning goals and action plan on a regular basis.

Module 4. Peer Coaching

The Peer Coaching Skills Module includes a step by step training slideshow and manual so leaders can assist young people learn the key coaching skills they need to support each other implement their Life, Career and Performance plans on an ongoing basis.

= An inspiring pathway plan for every young person!
BECOME a CYPFS Leader

➤ Leader’s Accreditation Workshop – one or two day

Day 1. Leader’s Accreditation Training
Leaders will be taken step by step through the program and learn how to deliver the Career, Life and Performance Coaching Modules in both groups and one to one.

Day 2. Advanced Coaching Skills
Leaders will learn the key coaching skills they need to assist young people implement their pathway plan goals on an on going basis and how to train young people to coach each other using the Peer Coaching Skills Module.

OR

➤ Online Leader’s Accreditation training
(All Leaders training includes a step by step leaders manual and the first 12 month license for unlimited use of the program and printing of all pathway plans)

Annual Program License
Individual – $90 AUD per leader
Organisational – $500 AUD for up to 20 leaders
Further discounts apply for larger numbers

BECOME a CYPFS Trainer

The CYPFS trainer program is available to organisations who wish to be authorised to deliver the CYPFS Leaders accreditation training in-house with their own staff, or to other professionals working in schools, community and government organisations across their region on a commercial or non-commercial basis.

Email us at contact@lifebusiness.com.au to...

• Organise a regional, in-house or on-line Leaders training
• To become a CYPFS Trainer – commercial or in-house
• Coaching Young People For Success Workshops
• Purchase CYPFS products at the e-shop @
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