

Coaching Young People for Success *and the Australian Blueprint for Career Development Competencies*

Coaching Young People For Success Program BLUE PRINT COMPETENCIES	Module 1 Career Coaching	Module 2. Life Coaching	Module 3. Performance Coaching	Module 3. Performance Coaching	GOAL
	My Life and career Pathway Plan	Steps for My Life Success	My TOP Performance Plan	Steps for My School Success	Coaching
A: PERSONAL MANAGEMENT					
1 Build and maintain a positive self image	✓	✓	✓	✓	✓
2 Interact positively and effectively with others	✓	✓	✓	✓	✓
3 Change and grow throughout life	✓	✓	✓	✓	✓
B: LEARNING & WORK EXPLOTATION					
4 Participate in life-long learning supportive of career goals	✓	✓	✓	✓	✓
5 Locate and effectively use career information	✓	✓	X	X	X
6 Understand the relationship between work, society and the economy	✓	✓	X	X	X
C: LIFE / WORK BUILDING					
7 Secure / create and maintain work	✓	✓	X	X	✓
8 Make career enhancing decisions	✓	✓	✓	X	✓
9 Maintain balanced life / work roles	✓	✓	✓	X	✓
10 Understand the changing nature of life and work roles	✓	✓	X	X	✓
11 Understand / engage in/manage the career building process	✓	✓	✓	✓	✓
Phase	Phase II and III	Phase II and III	Phase II and III	Phase II and III	

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Module 1. Career Coaching - My Life and Career Pathway Plan

BLUE PRINT COMPETENCIES		Step 1.	Step 2	Step 3	Step 4	Step 5	GOAL
		P = Possibilities	O = Organization	W = Will Power	E = Emotional Skills	R = Results	Coachng
A:	PERSONAL MANAGEMENT						
1	Build and maintain a positive self image	✓	✓	✓	✓	✓	✓
2	Interact positively and effectively with others	✓	✓	✓	✓	✓	✓
3	Change and grow throughout life	✓	✓	✓	✓	✓	✓
B:	LEARNING & WORK EXPLOTATION						
4	Participate in life-long learning supportive of career goals	✓	✓	✓	✓	✓	✓
5	Locate and effectively use career information	✓	✓	X	X	✓	✓
6	Understand the relationship between work, society and the economy	✓	X	✓	X	X	X
C:	LIFE / WORK BUILDING						
7	Secure / create and maintain work	X	✓	✓	✓	✓	✓
8	Make career enhancing decisions	✓	✓	✓	✓	✓	✓
9	Maintain balanced life / work roles	✓	✓	✓	✓	✓	✓
10	Understand the changing nature of life and work roles	✓	X	X	X	X	✓
11	Understand / engage in/manage the career building process	✓	✓	✓	✓	✓	✓

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Module 2. Life Coaching - Steps For My Life Success

BLUE PRINT COMPETENCIES		Step 1.	Step 2	Step 3	Step 4	Step 5	GOAL
		P = Possibilities	O = Organization	W = Will Power	E= Emotional Skills	R = Results	Coachng
A: PERSONAL MANAGEMENT							
1	Build and maintain a positive self image	✓	✓	✓	✓	✓	✓
2	Interact positively and effectively with others	✓	✓	✓	✓	✓	✓
3	Change and grow throughout life	✓	✓	✓	✓	✓	✓
B: LEARNING & WORK EXPLOTATION							
4	Participate in life-long learning supportive of career goals	✓	✓	✓	✓	✓	✓
5	Locate and effectively use career information	X	✓	✓	✓	✓	✓
6	Understand the relationship between work, society and the economy	X	✓	✓	X	X	✓
C: LIFE / WORK BUILDING							
7	Secure / create and maintain work	X	✓	✓	✓	✓	✓
8	Make career enhancing decisions	✓	✓	✓	✓	✓	✓
9	Maintain balanced life / work roles	✓	✓	✓	✓	✓	✓
10	Understand the changing nature of life and work roles	✓	✓	X	X	X	✓
11	Understand / engage in/manage the career building process	✓	✓	✓	✓	✓	✓

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Module 3. Performance Coaching - My TOP Performance Plan

BLUE PRINT COMPETENCIES		Step 1.	Step 2	Step 3	Step 4	Step 5	GOAL
		P = Possibilities	O = Organisation	W = Will Power	E= Emotional Skills	R = Results	Coachng
A:	PERSONAL MANAGEMENT						
1	Build and maintain a positive self image	✓	✓	✓	✓	✓	✓
2	Interact positively and effectively with others	X	✓	X	✓	✓	✓
3	Change and grow throughout life	✓	✓	✓	✓	✓	✓
B:	LEARNING & WORK EXPLOTATION						
4	Participate in life-long learning supportive of career goals	✓	✓	✓	✓	✓	✓
5	Locate and effectively use career information	X	X	X	X	X	X
6	Understand the relationship between work, society and the economy	X	X	X	X	X	X
C:	LIFE / WORK BUILDING						
7	Secure / create and maintain work	X	X	X	X	X	X
8	Make career enhancing decisions	✓	✓	✓	✓	✓	✓
9	Maintain balanced life / work roles	✓	✓	✓	✓	✓	✓
10	Understand the changing nature of life and work roles	X	X	X	X	X	X
11	Understand / engage in/manage the career building process	✓	✓	✓	✓	✓	✓

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Module 3. Performance Coaching - Steps For My School Success

BLUE PRINT COMPETENCIES		Step 1.	Step 2	Step 3	Step 4	Step 5	GOAL
		P = Possibilities	O = Organisation	W = Will Power	E= Emotional Skills	R = Results	Coachng
A:	PERSONAL MANAGEMENT						
1	Build and maintain a positive self image	✓	✓	✓	✓	✓	✓
2	Interact positively and effectively with others	X	✓	X	✓	✓	✓
3	Change and grow throughout life	✓	✓	✓	✓	✓	✓
B:	LEARNING & WORK EXPLOTATION						
4	Participate in life-long learning supportive of career goals	✓	✓	✓	✓	✓	✓
5	Locate and effectively use career information	X	X	X	X	X	X
6	Understand the relationship between work, society and the economy	X	X	X	X	X	X
C:	LIFE / WORK BUILDING						
7	Secure / create and maintain work	X	X	X	X	X	X
8	Make career enhancing decisions	✓	✓	✓	✓	✓	✓
9	Maintain balanced life / work roles	✓	✓	✓	✓	✓	✓
10	Understand the changing nature of life and work roles	X	X	X	X	X	X
11	Understand / engage in/manage the career building process	✓	✓	✓	✓	✓	✓