

P.O.W.E.R Coaching CARDS



MY LIFE COACHING E- CARDS

The My Life black and white card images evoke meaningful responses to any question that is posed to help young people and adults identify how they feel about their life, career, study, performance, finances, relationships, parenting or any other area of interest.

The card deck comes with an instruction sheet outlining a range of coaching activities for group work and one to one that draw from emotional intelligence, positive psychology, hope and coaching theory.

- Increase self awareness and personal growth.
- Reflect on the past, present and the future.
- Create a vision for all areas of an individuals life.
- Move from vision to planning and action.

\$25 AUD - BUY HERE

52 x A5 e-cards

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Available in: ENGLISH, FRENCH
SPANISH, SERBIAN and
TURKISH!

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